



Junta de Andalucía

Recurso

Materia / Área: Lengua Extranjera-
Inglés

Curso: 2 ESO

Código del recurso: RE_2S_LEI_01

Consejería de Desarrollo Educativo y Formación Profesional

Dirección General de Ordenación y Evaluación Educativa

Servicio de Organización y Coordinación de Centros



Estímulo del recurso

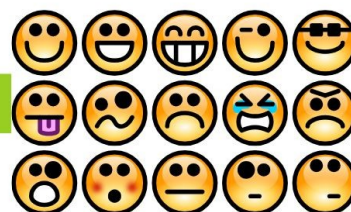
Fecha de creación 07/10/2024

Título "Understanding Emotions with Inside Out"

Understanding emotions

with

INSIDE OUT



"Inside Out" is an animated movie produced by Pixar that takes us inside the mind of an 11-year-old girl named Riley. The film introduces us to five key emotions: Joy, Sadness, Anger, Fear, and Disgust. Each of these emotions plays a crucial role in Riley's life as she grows up.

At the beginning of the movie, Riley is a happy girl living in Minnesota, where she enjoys playing hockey and spending time with her family and friends. However, everything changes when her family moves to San Francisco. This big transition brings many new experiences, but it also causes Riley to feel confused and sad, because she must adapt to a new house and friends. As her emotions try to help her adapt to her new environment, Joy, the optimistic and energetic emotion, keeps Riley happy.

Joy soon realizes that Sadness is also an important part of Riley. When Sadness touches Riley's memories, she changes them. This leads to a series of events where Joy and Sadness get lost in Riley's mind, while Anger, Fear, and Disgust are in control of her feelings in their absence.

As Joy and Sadness travel through different parts of Riley's mind, they learn that all emotions are necessary for a healthy emotional life. They discover that Sadness can help Riley express her feelings and connect with others, especially when she needs comfort and support.

The film beautifully illustrates how emotions work together and how important it is to accept and express all of them. By the end of the movie, Riley learns to embrace her emotions, understanding that it's okay to feel sad sometimes. This emotional growth allows her to adjust to her new life, showing that every emotion has a purpose.



Código de ítem 1: RE_2S_LEI_01_01

What is very important for Riley and her family? Select two correct options.

- A. Her academic performance and grades.
- B. Playing hockey.
- C. Her future career aspirations and goals.
- D. Spending time with her family and friends.

Código de ítem 2: RE_2S_LEI_01_02

What do the family talk about? Select one correct option.

- A. Current events.
- B. Hobbies and interests.
- C. Household chores.
- D. Future careers.

Código de ítem 3: RE_2S_LEI_01_03

What does the phrase "a happy girl" mean? Select two correct options.

- A. A girl who is spoiled and entitled.
- B. A girl who is wealthy and privileged.
- C. A girl who is cheerful and content.
- D. A girl who is never sad.

Código de ítem 4: RE_2S_LEI_01_04

What is the climate like in Minnesota? Select two correct options.

- A. It has a warm, tropical climate.
- B. It has cold winters.
- C. It has a nice climate for recreational activities.
- D. There are heavy snowfalls.

Código de ítem 5: RE_2S_LEI_01_05

By the end of the movie, Riley learns to "embrace" her emotions. What does "embrace" mean? Select one correct option.

- A. She accepts all her emotions.
- B. She feels confident and sure of what to do.
- C. She is very excited about her new school.
- D. She knows exactly how to solve her problems.

Código de ítem 6: RE_2S_LEI_01_06

What event does the movie talk about? Select the correct option.

- A. Riley's first day at school.
- B. Riley's family moving to a new city.
- C. Riley's birthday party.
- D. Riley graduating from elementary school.

Código de ítem 7: RE_2S_LEI_01_07

What is the main message of the film "Inside Out"? Select one correct answer.

- A. Emotions should be suppressed.
- B. All emotions are necessary for a healthy emotional life.
- C. Sadness is the most important emotion.
- D. Joy is the emotion that matters the most.

Código de ítem 8: RE_2S_LEI_01_08

Which of the following emotions play a crucial role in Riley's development? Select the correct option.

- A. Happiness and Anger.
- B. Fear and Disgust.
- C. Sadness and Joy.
- D. All the emotions mentioned.

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"Inside Out" is a movie by Pixar about a girl named Riley. She is 11 years old and lives in Minnesota. Riley is very happy because she has great and many friends and loves playing hockey. But one day, her family moves to a new city called San Francisco. This change makes Riley feel sad and confused because she misses her old home and friends.

Inside Riley's mind, there are five emotions: Joy, Sadness, Fear, Anger, and Disgust. These emotions help Riley understand her feelings. Joy is the happiest emotion and always wants to keep Riley smiling. Sadness helps Riley when she feels down.

When Riley moves, Joy and Sadness get lost in her mind. So, Fear, Anger, and Disgust are in control. Without Joy and Sadness, Riley starts to feel very confused. She doesn't feel ok with her new school and home.

When Joy and Sadness go back, they learn that Sadness is important too. Sadness helps Riley talk to her family about how she feels. At the end of the movie, Riley understands that it's okay to feel sad sometimes. All feelings are important, and they help her understand her life better.



Código de ítem adaptado 1: RE_AC_2S_LEI_01_01

What does Riley love? Select two correct options.

- A. Going to school.
- B. Having many friends.
- C. Homework.
- D. Playing hockey.

Código de ítem adaptado 2: RE_AC_2S_LEI_01_02

Riley feels confused. Why? One correct option.

- A. Because she has many sports and physical activities.
- B. Because she must adapt to a new house and friends.
- C. Because she has no holidays.
- D. Because she watches TV.

Código de ítem adaptado 3: RE_AC_2S_LEI_01_03

What words describe Riley and her family's everyday life? Select two correct answers.

- A. Chores, obligations, duties.
- B. Studying, exams, grades.
- C. Games, fun, entertainment.
- D. Friends, meetings, events.

Código de ítem adaptado 4: RE_AC_2S_LEI_01_04

What is the weather like in Minnesota? Select two correct options.

- A. It has a warm, tropical climate.
- B. It has cold winters.
- C. It has a nice climate for recreational activities.
- D. There are heavy snowfalls.

Código de ítem adaptado 5: RE_AC_2S_LEI_01_05

What do we know about Riley's daily activities? One correct option.

- A. She plays sports.
- B. She does a lot of homework.
- C. She always has chores to do.
- D. She often watches TV.

Código de ítem adaptado 6: RE_AC_2S_LEI_01_06

What can we learn about Riley's personal life? One correct option.

- A. She has many friends.
- B. She is very independent.
- C. She does not like school.
- D. She enjoys going to school.

Código de ítem adaptado 7: RE_AC_2S_LEI_01_07

The main message of the film "Inside Out" is...Select one correct answer.

- A. emotions should be suppressed.
- B. all emotions are necessary for a healthy emotional life.
- C. Sadness is the most important emotion.
- D. Joy is the emotion that matters the most.

Código de ítem adaptado 8: RE_AC_2S_LEI_01_08

The most important emotions in Riley's development are... Select one correct answer.

- A. Happiness and Anger.
- B. Fear and Disgust.
- C. Sadness and Joy.
- D. All the emotions mentioned.