



Junta de Andalucía

## Recurso

Materia / Área: Lengua Extranjera - Inglés  
Curso: 4º Educación Primaria  
Código del recurso: RE\_4P\_LEI\_02

Consejería de Desarrollo Educativo y Formación Profesional  
Dirección General de Ordenación y Evaluación Educativa

Servicio de Organización y Coordinación de Centros



## Estímulo del recurso

Fecha de creación	13/10/2024
Título	Healthy Habits
<p style="text-align: center;"><b>Healthy Habits</b></p> <p>Hi, my name is Lucas, I live with my family in Ireland. Here, the weather is rainy and cold, so when it is a wonderful day, we go out to play sports.</p> <p>I want to share some of my healthy habits and things I do with my family and friends. Healthy habits help us feel strong and happy. I love eating apples and bananas. I have salads every day, and I drink a lot of water. I also like riding my bike and playing soccer with my friends in the park. Exercising keeps me active and gives me a lot of energy.</p> <p>Sleeping well is very important too. I go to bed at 10:00 p.m. every night. When I sleep well, I wake up feeling rested and ready for work. After meals, I always brush my teeth to keep them clean.</p> <p>I have a great family that helps me with my healthy habits. My wife makes delicious meals, like salads and soups. My son and I like going for walks. My little daughter and I play together outside. At the weekends, we usually cook a typical Irish meal, Irish stew. This is made with meat, potatoes, onions... It's delicious and healthy.</p> <p>Healthy habits make life better, and family and friends give me love and support.</p>	

**Código de ítem 1:** RE\_4P\_LEI\_01\_1

What is the text about? Choose the correct option.

- A) Healthy habits.
- B) Culture and traditions.
- C) Family.
- D) Playing soccer withs friends.

**Código de ítem 2:** RE\_4P\_LEI\_01\_2

Who does Lucas live with? Choose the correct option.

- A) He lives with his friends.
- B) He lives with his family.
- C) He lives with his son.
- D) He lives with his wife and his daughter.

**Código de ítem 3:** RE\_4P\_LEI\_01\_3

Choose two healthy habits

- A) Watching TV.
- B) Cooking with your family.
- C) Eating fruits.
- D) Going for a walk.

**Código de ítem 4:** RE\_4P\_LEI\_01\_4

Read and choose the two correct options. Which foods does Lucas eat very often?

- A) Fruit.
- B) Pizza.
- C) Chocolate.
- D) Vegetables.

**Código de ítem 5:** RE\_4P\_LEI\_01\_5

Choose the correct option. Lucas' family usually do sport. What do you think about that?

- A) They feel very happy and strong when they do sport.
- B) They feel bored of doing sport.
- C) They prefer watching TV.
- D) They are tired every day.

**Código de ítem 6:** RE\_4P\_LEI\_01\_6

Choose one adjective that describes Lucas' personality.

- A) Shy.
- B) Bored.
- C) Friendly.
- D) Sleepy.

**Código de ítem 7:** RE\_4P\_LEI\_01\_7

Lucas keeps different healthy habits. Select two activities that you can do to keep a healthy life too.

- A) Go to bed early and sleep well.
- B) Eat hamburger every night.
- C) Spend time with family and friends.
- D) Play computer games with friends.

**Código de ítem 8:** RE\_4P\_LEI\_01\_8

Choose the correct option. The traditional food that they usually cook is...

- A) Irish stew.
- B) salad.
- C) carrot cake.
- D) soup.

## Estímulo Adaptado

Fecha de creación	13/10/2024
Título	Healthy Habits
<p style="text-align: center;"><b>Healthy Habits</b></p> <p>Hi, my name is Lucas, I live with my family in Ireland. Here, the weather is rainy and cold, so when it is a wonderful day, we go out to play sports.</p> <p>I want to share some of my healthy habits and things I do with my family and friends. Healthy habits help us feel strong and happy. I love eating apples and bananas. I have salads every day, and I drink a lot of water. I also like riding my bike and playing soccer with my friends in the park. Exercising keeps me active and gives me a lot of energy.</p> <p>I have a great family that helps me with my healthy habits. My wife makes delicious meals, like salads and soups. My son and I like going for walks. My Little daughter and I play together outside. At the weekends, we usually cook a tipical Irish meal, Irish stew. This is made with meat, potatoes, onions... It's delicious and healthy.</p> <p>Healthy habits make life better, and family and friends give me love and support.</p>	

### Código de ítem adaptado 1: RE\_AC\_4P\_LEI\_01\_1

Choose the correct option. In the text we find information about...

- A ) Healthy habits.
- B) Culture and traditions.
- C) Family.
- D) Playing soccer withs friends.

### Código de ítem adaptado 2: RE\_AC\_4P\_LEI\_01\_2

Choose the correct option. Lucas lives with ...

- A ) his friends.
- B) his family.
- C) his son.
- D) his wife and his daughter.

**Código de ítem adaptado 3:** RE\_AC\_4P\_LEI\_01\_3

Choose two healthy habits.

- A ) Watching TV.
- B) Cooking with family.
- C) Eating fruits.
- D) Going for a walk.

**Código de ítem adaptado 4:** RE\_AC\_4P\_LEI\_01\_4

Read and choose the two correct options. Lucas often eats...

- A) fruit.
- B) pizza.
- C) chocolate.
- D) vegetables.

**Código de ítem adaptado 5:** RE\_AC\_4P\_LEI\_01\_5

Choose the correct option. Lucas' family usually do sports. So they ...

- A ) feel very happy and strong.
- B) feel bored.
- C) prefer watching TV.
- D) are tired every day.

**Código de ítem adaptado 6:** RE\_AC\_4P\_LEI\_01\_6

Choose the correct option. Lucas is...

- A) shy.
- B) bored.
- C) friendly.
- D) sleepy.

**Código de ítem adaptado 7:** RE\_AC\_4P\_LEI\_01\_7

Select two healthy activities.

- A) Go to bed early and sleep well.
- B) Eat hamburger every night
- C) Spend time with family and friends.
- D) Play computer games with friends.

**Código de ítem adaptado 8:** RE\_AC\_4P\_LEI\_01\_8

Choose the correct option. The traditional food that they usually cook is...

- A) Irish stew.
- B) salads.
- C) carrot cake.
- D) soup.